

How to Lead the Reentry Studies

First, thank you for leading these studies! We are so grateful for your willingness to love on incarcerated women. Here are a few guidelines for leading both the Relationship and Financial Reentry studies. Remember, though, that these are just guidelines. Use your judgement in how to lead, depending on the number of women and the facilities available to you.

- The women are to <u>do the homework</u> each week. Review it with them (at least select questions) to hold them accountable and discuss difficult concepts.
- They are to <u>do Days One through Three on their own</u>. Tell them to wait and do Day Four after watching the video.
- Though there are blanks beneath the discussion questions of the video (Day 4), the women don't need to write anything in those spaces. When they watch the video, we want them to concentrate on the video rather than worrying about the questions.
- Suggested general format for leading the study (but do what works for your group):
 - Open with prayer.
 - o Do praise and worship if you have the time and ability.
 - Discuss any questions that arose from the previous week that needed additional thought/research/conversation.
 - Review the homework, especially any questions that confused or concerned the women. You don't need to go from question to question. Just highlight the material you think needs discussion.
 - Watch the video.
 - Break into small groups (if space and personnel allow) and discuss the questions (Day 4). Each small group should be led by a ministry volunteer or a person who is more mature in his/her faith. This is an opportunity for women to be more vulnerable. Pray together at the end of small group.
 - Generally, two hours is a good length of time to cover the study each week.
- Remember to check the Discipleship Unlimited Website
 https://www.discipleshipunlimited.org/ for additional resources, especially when leading the financial study. For example, there are handouts on topics such as Choosing a Bank or Child Support Issues or Bonding and Jobs.